

An aerial photograph of a stunning coastal landscape. The water is a vibrant turquoise, transitioning to a deep blue further out. A large, craggy rock formation stands prominently in the middle of the bay. Two sailboats are visible: one larger white boat with a blue canopy in the lower left, and a smaller white boat near the central rock. The surrounding cliffs are covered in lush green vegetation. The text 'Cilento, Vallo di Diano & Alburni NATIONAL PARK' is overlaid in the lower right quadrant.

*Cilento, Vallo di Diano &
Alburni*
NATIONAL PARK

AT A GLANCE

SEASIDE



19 BEACHES

35 SCUBA DIVING SITES

NATURE



1.7 KM UNDERGROUND
CAVE NETWORK

124 SPECIES OF WILD
ORCHIDS

GASTRONOMY



2 DOC & IGT WINE APPELATIONS

5 DOP & IGP FOOD PRODUCTS

ART & HISTORY



1 MONASTERY

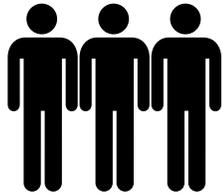
49 MUSEUMS

188 HISTORICAL,
ARCHITECTURAL &
CULTURAL SITES

75 ARCHAEOLOGICAL
SITES

VISITOR PROFILE

STATISTICS



> 2 MILLION VISITORS PER YEAR

< 20% ARE INTERNATIONAL TOURISTS

CHARACTERISTICS

FAMILIES WITH YOUNG CHILDREN

NATURE LOVERS

HIKERS

BEACHGOERS

HISTORY BUFFS

SEASONALITY

 25%

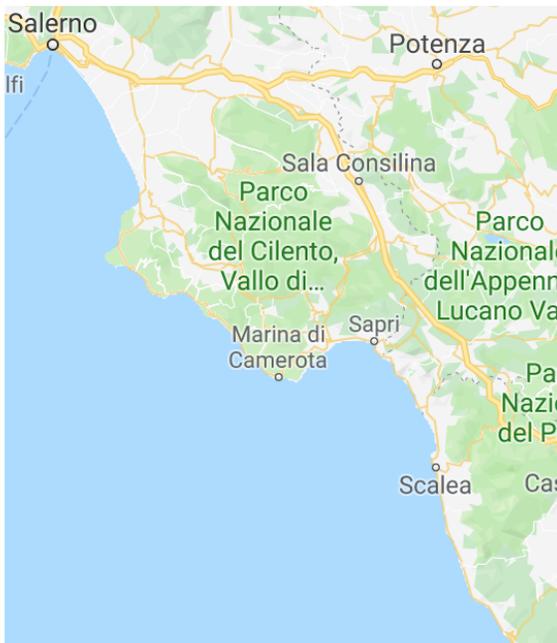
 15%

 35%

 25%

Cilento, Vallo di Diano & Alburni

Founded in 1991, the Cilento, Vallo di Diano and Alburni National Park is located in the southernmost corner of the region of Campania in the Province of Salerno and stretches from the Tyrrhenian coast to the foot of the Apennines in Basilicata. The park is the second largest park in the country and was declared a UNESCO World Heritage Site in 1998 in recognition of its natural, cultural and historical legacies.



LOCATION

Province of Salerno in Campania, Italy

CLOSEST CITY

Salerno
Naples

HOW TO GET THERE?

1 hr by Car from Salerno
1 hr 45 mins by Car from Naples

Sightseeing

Built in 1306, the Charterhouse of St. Lorenzo in Padula is the largest Chartusian monastery in Europe, with 250,000 square meters of gardens and yards and over 320 rooms and halls to discover. Tours last about 1 hour and visitors can explore the beauty of the ornate charterhouse and visit one of the many monks' cells.

Cala Bianca is considered to be one of the most beautiful beaches in Italy, in large part due to its secludedness and lack of mass tourism. The white pebble beach is approximately 70x30m and is located at the Bay of Pozzallo.

Located just south of Salerno and not far from Pompeii, you will find the largely unknown Paestum Archeological site. First settled by the Greeks in 650 BC, Paestum thrived as an ancient city under Greek rule until it was invaded by the Romans in 274 BC. The Temples built on the site are some of the most well preserved Greek temples in Italy, especially the Temple of Hera. Visits include guided tours through the temples and other ancient ruins as well as entrance to a museum on site.

The Cilento, Vallo di Diano and Alburni National Park is the last remaining site that serves as a home for the Eurasian otter in Italy. They can be spotted throughout several walking trails in the park and swimming in the Bussento river.



SAN LORENZO CHARTERHOUSE IN PADULA



CALA BIANCA



THE GREEK TEMPLES OF PAESTUM



OTTERS

Activities TO DO

Some of the park's most famous food products include Roccadaspide IGP chestnuts, Paestum Artichokes IGP, and Mozzarella di Bufala DOP. Take a tour of Tenuta Vannulo to discover how Mozzarella di Bufala DOP is made.

Open daily from 9:30am- 7:30pm

Castel San Lorenzo DOC and Cilento DOC red and white wines are produced within the territory of the park

Wineries to visit:

- Winery Vini Marino
- De Conciliis Winery
- Barone Winery

Winery tours and tasting available in Italian and English

Just 2km south from Cilento's coast, visitors will find some of Italy's best scuba diving locations. The Cape of Palinuro has over 35 caves and grottos for divers to discover that are rich in sea life. Boat tours leave daily from the marina of Palinuro from June to September.

The Castelcivita Caves are some of the largest underground cave networks in Southern Italy. Take a tour along the 1.7 km underground pathway to view the stalactites and stalagmites in addition to other geological formations.

Seasonality: March - October



TOUR FOOD PRODUCERS



WINE TASTING



SCUBA DIVING



CAVE TOURS

Hiking Trails



PATH OF THE INNAMORATI

Departing from the edge of Ascea's south-end beach, this trail takes you up to splendid heights for sweeping panoramas.

-

Duration : 2 hrs

Length: 2 km

Difficulty Level : Expert

THE COASTAL TRAIL

Start at Santa Maria di Castellabate's castle and walk along the wharf follow the curve of the bay until you reach the port of San Marco

-

Duration : 2 hrs

Length: 5 km

Difficulty Level : Easy

TRAIL OF THE CENTENARIAN TREES

The pleasant path starts at the Church of the Maddalena in Ogliastro Cilento and winds through the old lanes of the historic center then heads out into the countryside of the Cilento hills.

-

Duration : 3 hrs

Length: 4 km

Difficulty Level : Easy

TRAIL OF THE VALLEY OF THE ORCHIDS

The Valley of Orchids is located in the heart of the Cilento and Vallo di Diano National Park, in the town of Sassano. Walkers can observe up to 184 species of wild orchids along the hike

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Duration: 6 hrs

Length: 13 km

Difficulty Level : Easy

Season: April and May



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GUIDED TOURS

Visit the website for more information on activities and tours available on-site.

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ACCOMODATIONS

4-Star Hotels	3-Star Hotels	B&Bs
45	111	205
Farm Houses	Apts	Camps
156	142	98