

Gran Paradiso

NATIONAL PARK



AT A GLANCE

NATURE



58 GLACIERS

800 KM TRAIL
NETWORK

2700 ALPINE IBEX

1000 FLORA SPECIES

GASTRONOMY



1 DOC WINE APPELATION

4 DOP FOOD PRODUCTS

ART & HISTORY



2 CASTLES

5 HUNTING LODGES

19 MUSEUMS

38 HISTORICAL,
ARCHITECTURAL &
CULTURAL SITES

7 ARCHAEOLOGICAL
SITES

FESTIVALS & EVENTS

Walking in the
clouds

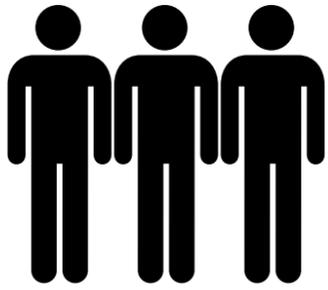
Every sundays from the 2nd
week of July to the
end of August

Gran Paradiso
dal vivo

1st - 3rd week of July

VISITOR PROFILE

STATISTICS



1.8 MILLION VISITORS PER YEAR

50% ARE NEW VISITORS

CHARACTERISTICS

FAMILIES WITH YOUNG CHILDREN

ELDERLY COUPLES

SPORTS ENTHUSIASTS

NATURE LOVERS

HIKERS

FOODIES

WINE CONNOISSEURS

HISTORY BUFFS

SEASONALITY



30%



20%



40%



10%

Gran Paradiso NATIONAL PARK

Gran Paradiso National Park is located within the Italian Alps, between the Aosta Valley and Piedmont regions. The park is named after Gran Paradiso mountain, which is the highest point in the park at 13,323 ft (4,061 m). Gran Paradiso was the first national park established in Italy in 1922 and it is one of the most visually stunning parks in the country to this day.



LOCATION

Regions of Valle D'Aosta and Piemonte (Province of Turin) in Italy

CLOSEST CITY

Valsavarenche
Aosta
Turin

HOW TO GET THERE?

1 hr 20 mins by Car from Turin
3 hrs by Train and Bus from Turin

Discovering the park



One of the greatest joys of a national park is discovering its stunning natural beauty. The journey through the park can be done on foot, by bicycle, horseback or even on skis, always while respecting the environment and the species which make the park so special. The best way to ensure you are respecting the environment while exploring the park is to rely on expert guides to lead you through the best routes no matter the season.



CYCLING TOURS IN THE SUMMER

Between June and September is the best time of year to explore the park on a lovely bike or walking tour. Enjoy the fresh perfumed summer air and catch the gorgeous sunsets during this time of year. Be sure to be on the lookout for the park's indigenous animals such which are grazing during these months.



HIKING TOURS IN THE FALL

During the fall months, the woods in Gran Paradiso National Park ignite in beautiful yellows and reds. With fewer tourists at this time of year, it is the perfect time to visit the park and experience this unforgettable sight. Enjoy the typical dishes like polenta, Gran Paradiso soup and sip on a good glass Génépi a typical mountain liqueur. November is mating season for the chamois so they can be seen throughout the park.

Discovering the park



CROSS-COUNTRY SKIING IN THE WINTER

From February to April the snow-covered mountains begins to warm up, the days are longer and cross-country skiing enthusiasts have to perfect conditions to enjoy the park's 80 km network of ski trails. Follow the trails to discover the park's animals in the winter, such as foxes, wolves and hares.



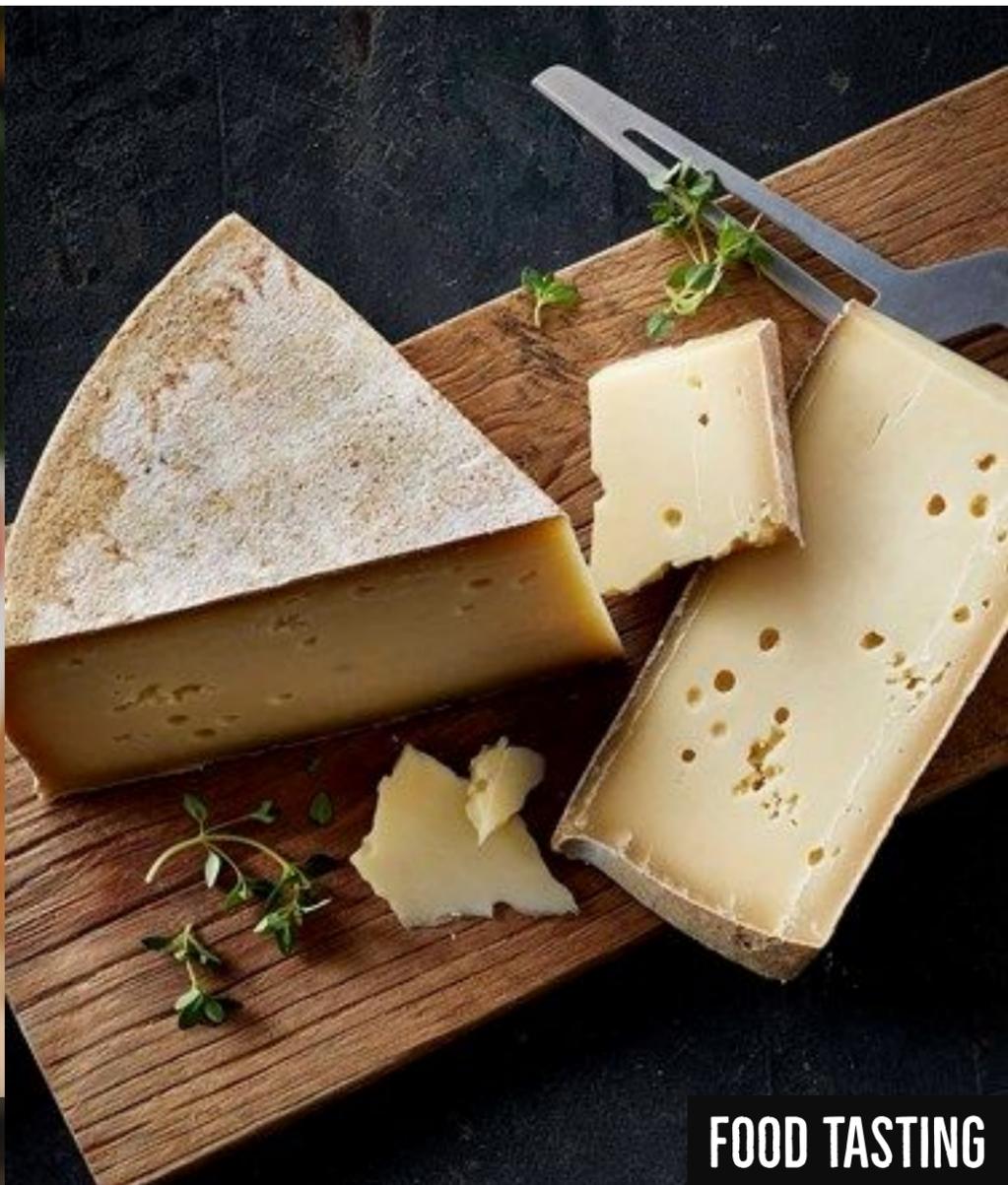
CHAMOIS & IBEX GRAZING IN THE SPRING

From April to June the chamois and ibex descend to lower altitudes to graze on the first spring grass. It is easy to spot the great males ibexes along the roads and nearby inhabited areas. The season is therefore perfect for animal lovers and nature photography enthusiasts who have the chance to capture wonderful images of the park's famous inhabitants.

Flavours OF THE PARK



WINE TASTING



FOOD TASTING

Valle d'Aosta DOC is the wine appellation which includes the Gran Paradiso national park. Valle d'Aosta DOC is home to the highest elevated vineyards in all of Europe. The red wines of the region have a strong berry aroma and have a dry, acidic and slightly spicy taste while the Valle d'Aosta DOC white wines are light, sweet and aromatic.

Wineries to visit:

- Maison Anselmet in Villeneuve, Valle d'Aosta
- Cave Coopérative de l'Enfer in Arvier, Valle d'Aosta
- Les Crêtes in Aymavilles, Valle d'Aosta
- Costantino Charrère in Aymavilles, Valle D'Aosta

Some of the most known food products of the park include: Fontina DOP cheese, which is produced from raw cows milk from breeds that feed in the high pastures of the Gran Paradiso National Park
Producer to Visit:

- Amedeo Blanch in Aymavilles, Valle D'Aosta

Another food product is Salame di patate (Potato salami), a typical charcuterie product from the peasant tradition of the area.

Traditionally it is prepared using pork meat mixed with boiled potatoes, it is seasoned with pepper, cinnamon, nutmeg and cloves. It is made between October and March.

Producer to visit:

- Venezia Butcher Shop in Ronco Canavese (TO)



CONTACT US

www.pngp.it/en
info@pngp.it
+39.011.8606233

For special inquires,
please contact:
Riccardo Cipullo
info@verticalife.it
+39 347 927 4962

FOLLOW US

@GranParadisoPark
@PNGranParadiso
@granparadisopark
@ParcoNazionaleGranParadiso

GUIDED TOURS

The park offers a wide selection of tours for visitors to choose from and reservations can be made over the telephone or through a specialized travel agency. Please note that group reservations are limited to 25 guests.

ACCOMODATIONS

4-Star Hotels	3-Star Hotels	B&Bs
4	44	62
Farm Houses	Camps	
12	14	

